

# Owen J. Roberts High School Cheerleading

## *Important Dates*



### Summer

#### 1. June:

- a. Workouts will be held on **Tuesdays and Thursdays** from 9-11:30 am (time subject to change)
- b. Workouts will be used to strengthen our bodies, prepare for UCA camp, develop stunt groups for sideline and competition cheer, learn sideline material (i.e. band dances), etc.
- c. If you are unable to attend a summer workout due to a vacation or work commitment, you will be required to post your asynchronous workout to the band app.

#### 2. July:

- a. Workouts will be held on **Tuesdays, Wednesdays, & Thursdays** from 9-11:30 am (time subject to change)
- b. Workouts will be used to strengthen our bodies, prepare for UCA camp, develop stunt groups for sideline and competition cheer, learn sideline material (i.e. band dances), etc.
- c. If you are unable to attend a summer workout due to a vacation or work commitment, you will be required to post your asynchronous workout to the band app.

#### 3. August:

- a. Workouts will be held on **Mondays, Tuesdays, Wednesdays, & Thursdays** from 9-11:30 am (time subject to change)
- b. Workouts will be used to strengthen our bodies, prepare for UCA camp, develop stunt groups for sideline and competition cheer, learn sideline material (i.e. band dances), etc.
- c. If you are unable to attend a summer workout due to a vacation or work commitment, you will be required to post your asynchronous workout to the band app.
- d. **August 3rd and 4th will be our home UCA camp.** This will be an all day event. Official UCA instructors will be coming to OJR to teach our team new skills including advanced stunting skills, new sidelines, tumbling techniques, and more. This event is mandatory for all varsity/ competition team members. Attendance for junior varsity members is optional.

## **In Season**

### **Varsity-**

1. Practices will be held Monday, Tuesday, Wednesday, and Thursday from 5 - 7pm if there is a JV team. All practices are mandatory. If there is not a JV team, practices will be moved to 4 - 6 pm.
2. Football games will be held on Fridays (and some Saturdays). It is your responsibility to view the 2021 football schedule on the OJR Athletic website. All football games are mandatory.
  - a. Report time for football games will be at 5:30pm for regular home games.
  - b. Report time for football games will be at 5pm for specialty home games (i.e. homecoming or senior night)
  - c. Report time for football games will vary for away games based on distance.

### **Junior Varsity-**

1. Practices will be held Tuesday, Wednesday, and Thursday from 4 - 6 pm.
2. Football games will be held on Mondays (and some Saturdays). It is your responsibility to view the 2021 football schedule on the OJR Athletic website. All football games are mandatory.
  - d. Monday football games are held at 3:45pm.
  - e. Report time for football games will likely be immediately after school.

## **Competition-**

Our competition team will continue practices through our final competition of the year. These practices may vary in date and time based on the winter basketball schedule. You should expect to practice 2 - 3 days a week during the winter season.

Below are the typical competition dates:

- PIAA District 1 Competition- Early January
- Pioneer Athletic Conference Cheerleading Championship- Mid to late January
- PIAA State Competition- Early March (Attendance at this competition is dependent on qualifying at districts.)

*Please note: These dates are tentative and may be subject to change based on a variety of factors outside of our control. We will do our best to notify you of any changes at the earliest opportunity.*